

The RNRMC& BAE Systems Heroes Challenge Itinerary

Date: 18 -22 September 2019 Location: London to Paris

Challenge: Cycling

Cycling from London to Paris is one of the great cycle experiences in Europe. Passing through picturesque English countryside, we cross the Channel at Portsmouth and continue through the small villages and medieval market towns of Northern France, making time to take in some of the Normandy landing beaches. With long days in the saddle and some strenuous hill-dimbs, the sight of the Effel Tower, our finishing point, will evoke a real sense of achievement.

Our last day in Paris allows us to explore the

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